



Dr Susan Stephenson Br Patrick Moore Sr Mairead Quigley Revd Barbara Mosse

Explores the riches of the Christian spiritual tradition and its relevance for today during six once-monthly sessions (Thursday). Each day will include input from experienced speakers, followed by opportunities for personal reflection, group reflection and practical exercises.

Thursday, once a month, 9.30am - 5.15pm

**15 October 12 November 10 December 21 January
25 February and 18 March**

For further information and to book:

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